

Chicken Salad Sandwiches



Chicken Salad

Ingredients:

- 3 cups diced, cooked chicken
- $\frac{3}{4}$ c. light mayonnaise (or plain Greek yogurt)
- 1 cup red grapes, halved
- 1 green onion, diced
- 1 stalk celery, diced
- $\frac{1}{2}$ cup diced apple
- Salt and pepper to taste

Directions:

1. In a bowl, combine the chicken, mayo, grapes, green onion, celery, apple and salt and pepper. Combine until well blended.
2. Serve on rolls, bread or croissants.