

Red, White, & Blue Strawberry Shortcake Trifle

With fireworks stands popping up all over and loud cracks and booms you hear in the evening hours, it's easy to tell that 4th of July will soon be upon us. Along with fireworks, friends and family, the celebration is often centered around food. Whether you're in the park or on the front lawn, there are simple and delicious ways to plan a menu for this celebration. If you plan to watch the fireworks in the park, pack sandwiches along with your favorite sides and cool beverages. Cut up fruit is a quick and refreshing side on these warm summer days; just cut up and serve in a bowl or tray. For a fun twist for the kids, serve up juicy wedges of watermelon on Popsicle sticks. To keep with the festive "USA" theme, stick with red, white and blue desserts such as white cake, vanilla ice cream or frozen yogurt, served with blueberries, strawberries and raspberries.



The recipe below is an easy and healthy festive dessert to bring to your holiday gatherings this week for both kids and adults to enjoy! I hope everyone has a safe and fun 4th of July!

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Ingredients:

- Angel Food Cake
- Blue Food Coloring
- Lite Cool Whip
- Strawberries, sliced

Directions:

1. Follow directions on box for Angel food cake. Before adding batter to pan, drop in a few drops of blue food coloring and continue stirring until the batter turns a light blue. Bake as directed on the box.
2. Allow cake to cool. Cut the cake into cubes. In a clear glass dish, layer angel food cake, Cool Whip, and strawberries. Enjoy!

