

4 Ingredient Watermelon Sorbet



Makes: 6 servings

Ingredients:

- 1 cup sugar substitute
- 1 cup water
- 8 cups seedless watermelon
- 2 T. lemon juice

Directions:

1. In a small pan, add sugar substitute and water and bring to a boil. Cook until sugar substitute is dissolved, then set aside to cool.
2. Puree watermelon in batches and place in a large bowl. Add sugar syrup and lemon juice and mix well.
3. Place in a 13x9 dish, cover and place in freezer until firm. Puree frozen mixture before serving.

Nutrition Info Per Serving: Calories 61; Fat 0g; Protein 1.2 g; Carbohydrate 15.3 g