Stay Informed and Support Victims

The signs listed here may not be present in all trafficking cases. Each individual indicator should be taken in context, not be considered in isolation, and should not necessarily be taken as "proof" that human trafficking is occurring. Additionally, cultural differences should also be considered.



Iowa residents may call the Iowa Victim Service Call Center at 1.800.770.1650 or text 'IOWAHELP' to 201-21.

Nebraska & South Dakota residents may contact the National Human Trafficking Hotline at 1.888.373.7888 or text "help" to BeFree (233733).

Services Offered:

The Ponca Tribe of Nebraska Domestic Violence Program is able to serve victims and survivors of sex and labor trafficking who identify as Native American and reside in the following Iowa and South Dakota counties: Woodbury, Pottawattamie, and Charles Mix.

This program is also able to provide:

- Legal Services and Referrals
- Mental/Behavior Health Treatment and Referrals
- Emergency Services to respond to victim's health and safety
- In-State Relocation Services
- Medical Services
- Transportation

For more information on this program, contact:

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Looking for a way out?

Human Trafficking: Is it happening to me?



























Human Trafficking is Modern-Day Slavery

U.S. law defines human trafficking as the use of force, fraud, or coercion to compel a person into commercial sex acts or labor or services against his or her will. The one exception involves minors and commercial sex. Inducing a minor into commercial sex is considered human trafficking regardless of the presence of force, fraud or coercion.



Every year, millions of men, women and children are trafficked worldwide - including right here in the U.S.

Labor Trafficking: Is It Happening To Me?

- Are you able to come and go as you please?
- · Do you ever go unpaid for your work?
- · Does your employer keep your physical ID?
- Do you work excessively long or unusual hours, often without breaks?
- Are you ever unaware of where you are working?
- Do you owe your employer money, and if so, is it taken out of your pay?



Victims of trafficking look like many of the people you see in everyday life: young, old, male and female.

People who cause harm typically do not discriminate based on age, race, or gender, but rather look for individuals who may be most vulnerable (in need of money, clothing, shelter, food, etc. or have experienced additional trauma in their life)

Sex Trafficking: Is It Happening To Me?

- Are you constantly in the presence of someone else to "watch over" you?
- Does anyone ask you to have sex for money, shelter, food, clothing, etc.?
- Are you paid very little, or only paid through tips?
- Does your employer/significant other/ friend or family member threaten to harm you if you do not comply with their requests?
- Have you used recreational and/or illegal drugs to "numb" yourself while taking on clients?

Contrary to what many people believe, most trafficking victims are not kidnapped. Each and every grooming situation varies differently from the next: Some groomers become romantically involved with their target, and then force or manipulate their target to prostitute themselves. Some lure their targets with false promises of a job (modeling, dancing, manual labor, etc.). Others may force their children or family members to sell sex to support the household.





















